Family Focused HIV Prevention, Care and Treatment Project

Walking Out from Despair

April 2021, Shibire was approached by a caseworker and joined Oromia Development Association/USAID supported FFHPCT Activity. She received regular follow-up and was referred for adherence counseling support to professional psycho-social service support providers for depression treatment.

She was pleased to hear that her two children were tested for HIV based on an HIV risk assessment and turned out to be negative. Her spouse also received support by caseworkers and after improvement he joined Peer lead support group for his ART refill.



The project provided ongoing assistance for this family, including food, school supplies, cash transfers and health insurance. Shibire has received Village Saving and Loan Association methods and Micro Enterprise Selection Planning and Management (ME-SPM) training from the project. With support,

Shibire started micro-business with the help of productive assets, including 100 kg of onions, 50 kg of tomatoes, and 50 kg of beetroots and carrots provided by the program. With the continued support from case workers, she joined VSLA group. The emotional support from her fellows helped her to gain emotional strength to fight for her health. She became one of the first loan recipients and used the loans to expand her vegetable retail business. She also secured a marketing slot for her business and now has a saving account.

She is now keen about hear health checks her viral load status regularly, and currently she is stable and virally suppressed and free from infections. She regained hope and started to take better care of herself, her kids, and her husband's overall well-being. Her business provided the family with a safe and secure life, as they are now financially stable and in good health. She is sharing her life experience for VSLA and community ART refills group members. She met the necessary program graduation benchmarks readiness assessment and ready to graduate becoming resilient. She is grateful to FFHPCT and donor and being a beacon for others who have similar troubles in life.

From Hardship to Resilience and Success

Fikirte is a 46 year old woman who lives in Dukem, she faced significant challenges when her husband fell seriously ill. This led her child dropping out of school and placed the family in severe economic hardship. As their household relied entirely on her husband's income, his illness left them without any financial support. Stress of the situation also affected her own health, as she was unable to consistently take her ART medication, leading to a dangerously high viral load. She frequently missed doses due to depression caused by her circumstances.





Fikirte was identified by a caseworker and enrolled in the ODA/USAID-supported FFHPCTA (Family Focused HIV Prevention, Care and Treatment Services Activity) team in January 2021. She began receiving regular follow-ups and was referred for adherence counseling and professional psychosocial support to address her depression.

The project provided ongoing assistance to her family, including food, oil, and other resources mobilized from the project and the community. She received support in the form of an injera baking mitad and 35kg of to make something out of it for herself and her family. Additionally, she was trained in Village Savings and Loan Association (VSLA) methods and Micro-Enterprise Selection, Planning, and Management (ME-SPM) through the project. With guidance from caseworkers, she joined VSLA group

The emotional support from her fellows helped her to gain emotional strength to fight for her health. With that support, Fikirte started making injera and selling with fair price to her neighbors. With the money she makes she started taking good care of her family by taking her husband to the medical center and paying his fees and her child joining private school. She then started saving 100 ETB daily from her daily income and weekly 50 birr through VSLA. She is now virally suppressed, free from infections, and able to support her family through her successful business.